

## 【Information】



### Childcare Support②

しずおかし こそだ しえん  
(静岡市の子育て支援②)

The City of Shizuoka is taking a variety of approaches to support families in raising the next generation of citizens.

3) Households meeting certain conditions can have City-contracted helpers come to their homes to assist in housework, such as cleaning and meal preparation, and in taking care of the children.

These helpers can be dispatched for up to 2 hours at a time, twice a day, thirty times a year, for a cost of ¥900 per hour.

To request this service, visit your ward office's *hoiku jidō ka*, or Childcare Affairs Division: 054-221-1096 for Aoi Ward  
054-287-8675 for Suruga Ward, and  
054-354-2429 for Shimizu Ward.



### Free Legal Consultations for Residents

がいこくじん むりようせいかつそうだんかい  
(外国人のための無料生活相談会)

Free Consultation for foreign residents regarding immigration and resident status, etc. with administrative scriveners.

**When:** 6/12 (Sat.) 13:00-16:00

**Where:** SAME Shizuoka office (4-16 Ote-machi, Aoi-ku)

**Register** in advance or at the door.

**For more info:** SAME Shimizu

Tel: 054-354-2009

There will be interpreting in English, Spanish, Korean, Portuguese, Chinese, and Tagalog. All consultations are confidential.

## 【Events】



### Shimizu Festival of the Weaver

しみずたなばた  
(清水七夕まつり)

This festival originated from a Chinese fairy tale. People write their wishes on pieces of paper and hang them on bamboo trees along with other ornaments.

**When:** 7/1(Thu.)~7/4 (Sun.) 10:00-21:00

**Where:** Shimizu Eki-mae & Ginza-Dori shopping centers (1 min. by foot from JR Shimizu Station)

**For more info:** Shimizu Festival of the Weaver Executive Committee

Tel: 054-353-3401(Japanese only)



### Int'l Cooperation Festival

こくまいきょうりょく  
(Let's ちよつと Chat!2010 国際協力)

フェスティバル in しずおか  
(静岡)

This year marks the fifth International Cooperation Festival ! In this event, engaging students and company employees alike gather together from all over the prefecture to have warm-hearted conversation with attendees. Attractions include exhibition booths, a Fair Trade Café Shop, a cappella and dance performances, etc.

**When:** 6/20(Sun.) 13:00-17:00

**Where:** Aoba Symbol Road (In case of rain, Shizuoka-shi Aoi-ku Fushimiya Meeting Room)

**For more info:** Aoi, NGO Shizuoka Student Telephone: 090-6813-5882 (Japanese only)



### The Rainy Season is Coming Soon!

In most of Japan, the rainy season (called Tsuyu) lasts from the beginning of June to mid July.



## One Point Advice for Preparation for the Tokai Earthquake

### “ Toilets after the Quake ”

とうかいじしん  
~東海地震にそなえて: トイレ事情~  
しじょう



More often than not, toilets are unusable after an earthquake hits because of broken water lines and emergency ration. After the Kobe Earthquake there weren't nearly enough emergency toilets to handle the number of evacuees, nor was there enough water to flush away the waste.

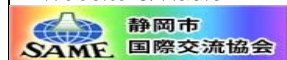
In Japan, each person use on average 60 L of water per day in toilets, but after a disaster, when even drinking water supplies are limited, this is impossible. Plus we are accustomed to using clean, sanitary toilets, but after the Kobe quake many people refused to make use of a toilet that wasn't nice and shiny, leading to failing health and an increase of people with Economy Class Syndrome and strokes.

Temporary toilets will be set up in evacuation areas, but it may take several days for them to get to all locations. After the Kobe quake, people would dig holes in the school playground, or opened up manholes and used them. Even in houses that weren't damaged by the quake, a lack of water caused those toilets to become unusable.

As a plan to prepare for this problem, store water in plastic containers or PET bottles, and if you are a bath user, don't drain the bath water until the next time you wish to bath, just in case. You should also consider purchasing a portable toilet, called a *kan-i toire*, or a collapsible emergency toilet. These can be found at hardware stores and home centers around Shizuoka.

## Access to SAME

### Website & Radio



### SAME Homepage:

<http://www.samenet.jp/>

In English, Chinese, Korean, Indonesian, Filipino, Portuguese, Spanish, & Vietnamese

\*Find Guidebook on living in Japan

\*Japanese language school list

\*Hospitals with English speaking staff and more!



<http://www.same-web.com>

Click the がいこくごにゆず link and you can access SAME's Web TV in Japanese, English, Spanish, Portuguese, Filipino, and Chinese.



### FM Radio

#### TAKE FIVE

Every Monday - Friday, 6:50-6:59

Mon-Chinese

Tues-Spanish

Wed-Filipino

Thurs-English

Fri-Portuguese



### Audio Blog

#### TAKE FIVE PLUS

If you miss the SAME radio show Take Five just visit our audio blog where you can hear all new and many archived episodes. Follow the link from the SAME HP.